



**WIND RIVER**  
FAMILY & COMMUNITY  
HEALTH CARE

# Population Health Informer

October 2022

Office: 307.856.9281

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# #1 Thing

AWARENESS + action = Social Change

Wear Purple on October 16th to Raise Awareness



1 More than one-third of women in the United States (35.6 percent or approximately 42.4 million) have experienced rape, physical violence, and/or stalking by an intimate partner at some point in their lifetime.\*

2 Women are much more likely than men to be victimized by a current or former intimate partner.

3 Women are 84 percent of spouse abuse victims and 86 percent of victims of abuse at the hands of a boyfriend or girlfriend. Three-fourths of the persons who commit family violence are male.

4 Many batterers' motivation to intimidate and control their victims through the children increases after separation, due to the loss of other methods of exerting control.

## Domestic Violence Awareness Month

October 2022

5 Children exposed to domestic violence often show greater behavioral, emotional, attitudinal, and cognitive difficulties compared to those who are not so exposed, but these impacts vary depending on a host of protective and risk factors in each child's life.

5

6

6 More than half of teen girls (51 percent) say pressure from a guy is a reason girls send sexy messages or images, while only 18 percent of teen boys say pressure from a girl is a reason. Twelve percent of teen girls who have sent sexually suggestive messages or images say they felt "pressured" to do so.

\*Although both men and women can be victims of domestic violence, the majority of victims of abuse and coercive control are women. Therefore, this fact sheet reflects that reality. See Bureau of Statistics, U.S. Department of Justice, Family Violence Statistics: Including Statistics on Stranger and Acquaintance 1 (2005) (<http://hot.fbi.gov/wic/vcenter/docs/Jan7Feb2.pdf>) finding that females were 84 percent of spouse abuse victims and 86 percent of victims of abuse by a boyfriend or girlfriend and that males were 84 percent of spouse murderers and 75 percent of murderers who killed a boyfriend or girlfriend.

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# Breast Cancer Stats and Facts

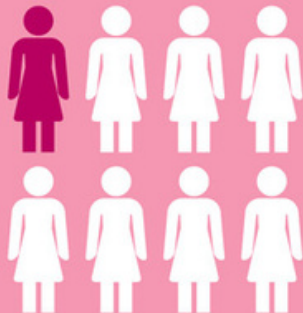
When it comes to breast cancer, what you don't know can hurt you. These figures reveal the scary truth.

This year,

232,670

new cases of breast cancer will be diagnosed in women.

**1 in 8 women** who live to be age 70 will develop breast cancer in her lifetime.



Breast cancer accounts for about **30%** of cancers in women.

It's the most common cancer diagnosis for women in Utah.

About 85% of diagnoses occur in women with no family history of breast cancer.

## But there's good news.

Breast cancer's mortality rate has been declining since 1989, due to early detection and improved treatment.



Physically active women are **25% less likely** to develop breast cancer than those who are inactive.

More than **2.8 million** people living in the U.S. are breast cancer survivors.



**ACT NOW**

Breast cancer education and screenings can save up to 37 lives every day in the U.S., according to the World Health Organization. Share this infographic and discuss a screening plan with your doctor.





# HEALTH IS PRECIOUS-PROTECT IT

## JOIN US FOR A WOMENS HEALTH FAIR

**Date:** Tuesday October 18th

**Time:** 5:30pm

**Where:** Wind River Family and Community Health  
Care-Population Health, 325 Left Hand Ditch Rd,  
Arapahoe, WY (Old TANF Building)

*FWH*

*Wellness Activities*

*Games*

*Raffles*

*Health Information*



# Halloween Facts

The first Jack-o-Lanterns were carved from turnips.

There is a movie series called Halloween.

The first Halloween movie was also filmed within 21 days.



In Alabama, wearing a nun or priest costume for Halloween is illegal.



Pumpkins classify as a fruit, not a vegetable.



Finding a spider on Halloween night is considered good luck.



Walnut Creek, California prohibits Halloween masks without permits.



Spirit Halloween is one of the most popular Halloween stores in the United States.



Originally, the film Halloween was going to be called Babysitter Murders.



German model Heidi Klum is famous for her outstanding Halloween costumes.



Michael Myers' mask came from an altered Captain Kirk Star Trek mask.

Traditional Halloween colors include black, orange, and white.

The Jack-O-Lantern borrows its name from a stingy man named Jack.



The fear of Halloween is called Samhainophobia.



The word witch comes from the Old English word 'Wicce'.



The owl is a popular image used for Halloween.



Count Dracula was not the vampire's original name.



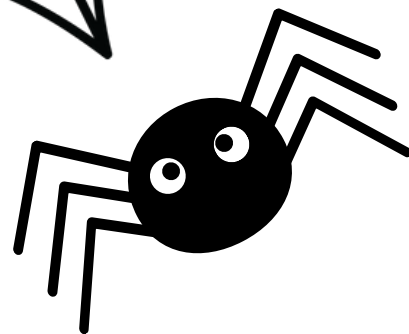
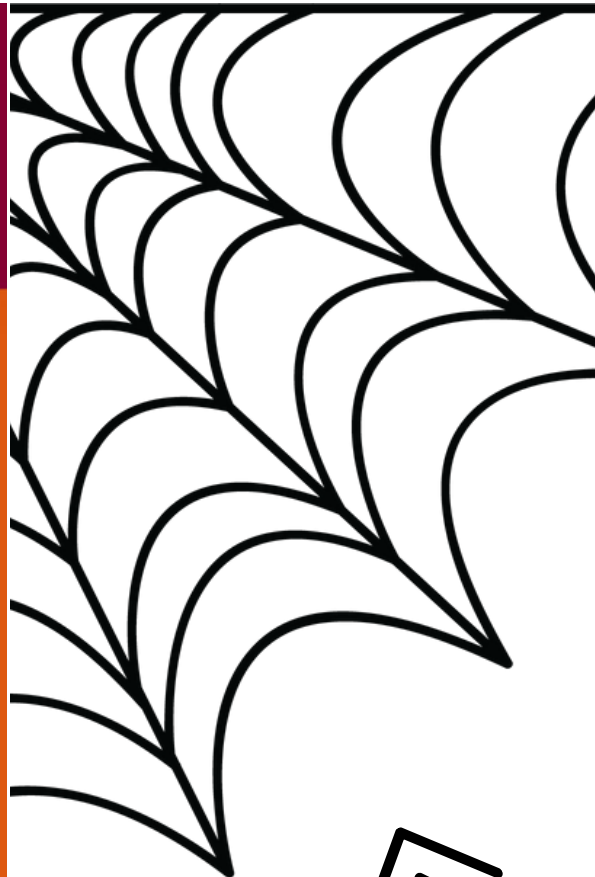
The world record for the fastest pumpkin carving is 16.47 seconds.



The world record for the heaviest pumpkin weighed at 2,624.6 pounds.



In Dublin, Georgia, any type of costume that covers the face is illegal.



# TRICK or TREAT





# AUTUMN SAFETY GUIDE

## 1 Be aware of rodenticides

As temperatures drop, rodents seek shelter around homes. This leads to an increase in poisons put out for pests. Often fatal to pets, keep watch for them outside & keep them out of reach in the home!



## 2 Use caution with leaf piles

Leaf piles are super fun to jump in or run through, but they can hide hazards underneath. Watch out for glass, wildlife, trash & other dangers in those piles.



## 3 Keep school supplies away

Kids going back to school means lots of school supplies around the house. Pick up glue, scissors, pencils, markers, etc. They can cause GI issues, blockages or injuries to pets.



## 4 Secure pets around guests

Holiday visits mean doors opening frequently, which means opportunities for door-darting!

Pets should be kept secure to avoid escape. Many pets are wary of new people, so let them have space & avoid forcing interaction.



## 5 Be careful with holiday treats

Keep those delicious holiday foods out of reach of pets & avoid feeding table scraps. Cooked bones, chocolate, bread dough & many other foods can be very dangerous or even fatal for pets!



## 6 Be careful with decorations

Holiday decorations can look like fun toys for pets. Many can be sharp if chewed, tangle around intestines or contain toxic substances. Keep decorations out of reach of pets.



## 7 Be aware of antifreeze

Many people begin to winterize their cars in autumn. Antifreeze can contain ethylene glycol, which gives it a sweet taste that's appealing to many animals. Watch for spills or open containers of antifreeze!



## 8 Keep up with preventatives

Heartworm, fleas & ticks. These pests don't just go away when the leaves begin to fall. Keep using preventatives to protect pets through autumn & check pets for ticks & fleas often.



## 9 Watch out for mushrooms & wild animals

Mushrooms tend to sprout in autumn & some can make animals very sick. Wild animals are also out, preparing to hibernate, so watch for snakes & other critters.



# Community Vaccination Clinics



## **Wyoming Indian Schools:**

Oct 19, 2022 from 3:30-6:30 at Elementary School  
Oct 20 from 3:30-6:30 at High School

## **Ethete Senior Citizens Center**

Wed Oct 26 from 10:30-2:30

## **Arapahoe Senior Citizens Center**

Thursday Oct 27 from 10:30-2:30





# WHY SPAY AND NEUTER?

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*Save the Date*

## Free Spay and Neuter Clinics set on Wind River Reservation

There will be a free spay/neuter clinic for dogs and cats on Friday, Oct. 21 and Saturday, Oct. 22 at the Fort Washakie School Gymnasium, 90 Ethete Road at Fort Washakie. Doors open at 8:30 a.m. First Come, First Served. Free for Tribal members, bring your Tribal ID card. Free Parvo and Rabies vaccines available. Animals in need of vaccines only come after 10:30 a.m. Please do not feed your pets breakfast the morning of surgery. If possible, please bring cats in a carrier. Sponsored by the Wind River Indian Reservation, Generous Animal Adoption Center, Donors and Petco Love. More information is available at [Animaladoptionscenter.org](http://Animaladoptionscenter.org) or 307-739-1881.

